

Before & After School Programs

Extended Day • Clubs & Enrichment



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A Place to Grow:

Where learning continues beyond the school day

Our Before & After School Programs offer students enriching opportunities for discovery and exploration before and after the normal school day hours. These programs provide numerous options for fun while also reinforcing the essential lessons and values taught throughout the school day.



Extended Day

Our Extended Day program allows busy working families the flexibility to drop-off before the school day starts and pick-up after the normal dismissal time. Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills, and to reinforce the skills they're learning during the school day, while providing plenty of time for fun with friends.

Program Details:

- Hours: 3:30pm – 6:00 pm
- Dedicated and specially trained staff members with experience in working with children.

Clubs & Enrichment

Our Clubs and Enrichment Programs are great ways for your child to expand on their interests or pursue new passions. These can be added in conjunction with our Extended Day Program or independently. This program offers families an opportunity to enroll their student in one or more days of after school activities without leaving the convenience of our campus.

Program Details:

- Hours: Varies by Club & Enrichment
- Dedicated and specially trained staff members in specialty area.
- Trusted third party providers in subject specific areas!



Extended Day

Extended Day

Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills and to reinforce the skills they're learning during the school day.



Students explore the exciting world of science, technology, engineering, art and math (STEAM) through building projects, experiments, and design challenges. Sharing ideas, asking questions, and making predictions are encouraged!



Robust outdoor free play and structured games help students learn sportsmanship and develop their physical strength and endurance. Students learn critical thinking and problem solving by participating in board games and team challenges with their peers.



Students express themselves by participating in hands-on visual arts, including photography, videography, drawing, and painting. Students develop planning skills by working on long-term projects with their peers and can participate in group performances or discussions.



Social and emotional growth is nurtured through student and teacher led activities that promote a feeling of community and belonging. Students learn through open-ended activities that give them a chance to apply problem-solving skills and collaborate with friends.



Some students appreciate the chance for independent activities or study after a long day at school. We provide a quiet place to work on homework, read, journal, or seek academic support from peers and teachers. Students can also work on various projects in this small group setting.



Clubs & Enrichment



Math Olympiads

Club members will explore problem-solving strategies in depth, and will practice for contests using word problems from various sources. This course is designed to stimulate enthusiasm and a love for mathematics. We will introduce important mathematical concepts, teach major strategies for problem solving, and strengthen mathematical intuition. Fostering mathematical creativity and ingenuity, will provide satisfaction, joy, and the thrill of meeting challenges.

Grades: 4th – 5th

Days Offered & Time: Tuesdays 3:30 – 4:30

Cost: \$500

Instructor: Roseanna Zimmer

Mad Science

Explore aerodynamics and the properties of air! Race down the electron freeway as we study “current” events! Check out the ooey-goey science of Mad Mud! Learn about the incredible “Fun”-damental Forces as we study gravity, inertia and centripetal force! All this and more!

Grades: 1st – 5th

Days Offered & Time: Fridays 3:30 – 4:30

Cost: \$300

Instructor: Mad Science of the Bay Area

Yes For Chess

The Yes For Chess class teaches creative problem solving, builds confidence and captures an appreciation of the game. Each week our instructor leads an interactive lesson, and students play 1-2 fun chess games against their classmates.

To get the most out of this class, its recommended students know movement of the pieces

Grades: 1st – 5th

Days Offered & Time: Thursdays 3:30 – 4:30

Cost: \$250

Instructor: Yes For Chess



Kids Dance Jam

Get ready to move and groove! This interactive dance and movement class combines dance, martial arts, and mindfulness and lets children experience different styles of dance (ie. rhythm-based movement and more). Students learn to do more than just follow. They'll learn how to express themselves through movement and dance and strengthen their bodies while doing it. The teacher will guide participants through a choreographed routine and provide them with the tools to individualize the movements. No dance experience required. This class is gamified and designed to support physical movement, individual self-expression and self-empowerment. This class places emphasis on building coordination, improving musicality, and learning dance moves.

Grades: 1st – 5th

Days Offered & Time: Tuesdays 3:30 – 4:30

Cost: \$192

Instructor: Shine Yoga Kids

Cooking with Jr. Chef Stars

Looking for a hands on, tasty activity for your Jr. Chef? Join us as we provide junior chefs with the tools necessary to create, cook, and learn. Have your junior chef expand on their cooking knowledge as our curriculum covers nutrition, seasonal cooking, knife skills, the purpose of core ingredients and the many cultural aspects of food all while having a blast and making new friends. Every season has new and exciting recipes so feel free to sign up if this is your first time or a seasoned junior chef!

Grades: Kindergarten – 2nd grade

Days Offered & Time: Thursdays 3:30 – 4:45

Cost: \$392

Instructor: Jr. Chef Stars

Art Fundamentals

If your child is interested in realistic drawing, painting, and sculpting from life and imagination, then this is the class for them. Each lesson covers an important art concept, needed for fluent representational drawing and painting. Students get to create their original artworks from scratch within the guidelines of the topic. They learn to draw human faces, figures, animals, nature; use watercolor, acrylics, pencils, and clay. Grades:

Grades: Kindergarten – 2nd grade

Days Offered & Time: Tuesdays 3:30 – 4:30

Cost: \$360

Instructor: Art School of SF Bay

Theater and Improv

Do you love acting and want to learn how to improvise like a pro? Our Theater and Improv (Yes And) class is the perfect place to start! In this course, students will explore the fundamentals of improvisational theater and learn how to think on their feet. You'll develop your acting skills through fun exercises and games, as well as learn the art of "Yes And" – a technique that encourages collaboration and creativity. Whether you're a seasoned actor or a beginner, this class will help you develop your confidence and creativity on stage. We'll also get to do some stage design. No previous experience is necessary – just bring your willingness to play and have fun!

Grades: 3rd – 5th grade

Days Offered & Time: Mondays 3:30 – 4:30

Cost: \$270

Instructor: VAC Enrichment



Soccer

The goal of the program at this stage is to improve children's elementary capacity through fun games, technical skill development, and group activities. The primary focus is to increase familiarity of space to enable children to develop team skills in a game environment. Emphasis is placed on the awareness of teammates constantly so that these skills can be easily transferred into the soccer game. Every 5-7 Soccer Stars class includes ball activities with high repetitions to promote muscle memory that builds confidence and ball control skills.

Grades: Kindergarten – 2nd Grade

Days Offered & Time: Mondays 3:30 – 4:30

Cost: \$300

Instructor: Soccer Stars SF

Kids Yoga

Kids Yoga is not just a simple kids yoga class. In every class, kids move, build strength (both physical and emotional), and confidence while having fun and discovering the benefits of yoga and mindfulness through yoga games. We make yoga and mindfulness FUN for kids! Each class is different and explores weekly themes like leadership, peace, friendships, environment, community, and so much more.

Grades: Kindergarten – 5th grade

Days Offered & Time: Mondays 3:30 – 4:30

Cost: \$192

Instructor: Shine Yoga Kids

Kung Fu

This course includes Self Defense, Kick Boxing, Lion Dance, Dragon Dance, Wushu Competition and more! Students will learn proper muscle control and coordination, body flexibility, balance, rhythm, respect and discipline. We also will build confidence, keep kids active and develop habits of a health lifestyle.

Grades: Kindergarten – 5th grade

Days Offered & Time: Mondays 3:30 – 4:30

Cost: \$370

Instructor: Panda Childrens Center

Tennis

Kassirer Tennis was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime conveniently at school with their classmates. Coaches set up portable tennis nets on your blacktop to make kid sized courts and provide little racquets & starter balls! Students will learn professional quality fundamentals; play fun group games, improve fitness, hand-eye and agility and start to rally. We group the class by grade and teach to your child's level and abilities. Our coaches emphasize sportsmanship, socialization and fun while instilling that every child can succeed through persistence and practice. Just wear athletic shoes and attire to class and our coaches will provide the rest.

Grades: Kindergarten – 5th grade

Days Offered & Time: Wednesdays 3:30 – 4:30

Cost: \$250

Instructor: Kassirer Entertainment



Pickleball

Kassirer Pickleball was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime conveniently at school with their classmates.

Coaches set up portable nets on your blacktop to create Pickleball courts. Pickleball is a cross between ping pong, badminton and tennis and is a sport the whole family can play together. It is fun and easy to learn, and also helps develop the skills needed to learn tennis. Pickleball is a social, fun, sport that allows kids to quickly start rallying, serving and playing games on a court which is 1/4 the size of a tennis court. Kids will improve their hand-eye coordination, reaction, fitness and movement. We provide loaner Engage Pickleball paddles during class. Just wear athletic shoes and attire and our coaches will provide the rest!

Grades: Kindergarten – 5th grade

Days Offered & Time: Tuesdays 3:30 – 4:30

Cost: \$250

Instructor: Kassirer Entertainment



Game Design

Ever wanted to build your own games or apps? Love Roblox or Minecraft? Well, this is the class for you! In this course, students will learn the skills of a coder through conceiving, designing, and creating their own mobile app games. The resulting games can be shared online and texted to friends for them to play on their phones. It's a great way to combine learning with fun with becoming a game developer. You don't need any previous experience or special software to take this: all you need is your creativity and a laptop.

Grades: 1st – 3rd Grade

Days Offered & Time: Tuesdays 3:30 – 4:30

Cost: \$270

Instructor: VAC Enrichment

A.I. For Kids

Do you have a kid who is creative or interested in technology? Have you ever wanted to know about/know how to use AI? Well, you're in luck, because this is the class for you! We're now in a world where even very young students can use free-online AI tools to generate essays, stories, and even music, television or games. In this new world, kids can cultivate their own creativity at young ages by doing projects like creating AI symphonies, working with partners and AI to create animated books, and generating AI animations. Along the way, they'll gain access to a suite of tools that can help with homework in the future, build familiarity with the new AI world we're moving into, and — importantly — understand when and when not to use this powerful new tool.

Grades: 2nd – 5th Grade

Days Offered & Time: Fridays 3:30 – 4:30

Cost: \$270

Instructor: VAC Enrichment

Build Your Own App

Ever wanted to build your own games or apps? Love Roblox or Minecraft? Well, this is the class for you! In this course, students will learn the skills of a coder through conceiving, designing, and creating their own mobile app games. The resulting games can be shared online and texted to friends for them to play on their phones. It's a great way to combine learning with fun with becoming a game developer. You don't need any previous experience or special software to take this: all you need is your creativity and a laptop.

Grades: 3rd – 5th Grade

Days Offered & Time: Thursdays 3:30 – 4:30

Cost: \$270

Instructor: VAC Enrichment

Dash & Dot Programming

Dash and Dot are robots that can sense, act and think! Students use block coding to control their robots, use accessories to make robot draw, play music, play games. In our class students will be introduced to Dash and Dot, learn how to make them move, change 'face' expression, show feelings using colors, play music, play Basketball, bowling game and many more. Along with robotics part we will discuss concepts such as sequencing, algorithm, design thinking process. We will talk and experiment with nature of sound, dependencies between time, speed and distance and many more. Most the class time kids spend working with robots on missions, puzzles, challenges, and projects. Each kid has robotics kit and tablet to use for the duration of the session. While playing with robots, kids are practicing very important skills of logical and critical thinking, communication and collaboration with each, working in teams other and many more. .

Grades: Kindergarten – 2nd Grade

Days Offered & Time: Wednesdays 3:30 – 4:30

Cost: \$250

Instructor: Robotics Tech Club

Lego WeDo Robotics

Lego We-Do Educational Robotics is a hands-on solution that ignites students' curiosity, while enhancing their skills in science, engineering, technology, and programming. In our program we use Lego We-Do bricks, motors, and sensors to create robots using the instructions as well as students' own imagination and design.. We will build Milo Robot to explore Mars, Pull Robot to talk about pulling force, Earthquake simulator, and many more. The easy-to-use block-based application allows student to operate and interact with the robots. Using the application, students will program robots and solve challenges and missions.

Grades: 3rd – 5th Grade

Days Offered & Time: Wednesdays 3:30 – 4:30

Cost: \$250

Instructor: Robotics Tech Club