Before & After School Programs Extended Day • Clubs & Enrichment





Sunnyvale De Anza Park 1196 Lime Dr, Sunnyvale, CA 94087 (408) 539 - 8546

Fall 2023

A Place to Grow:

Where learning continues beyond the school day

Our Before & After School Programs offer students enriching opportunities for discovery and exploration before and after the normal school day hours. These programs provide numerous options for fun while also reinforcing the essential lessons and values taught throughout the school day.



Extended Day

Our Extended Day program allows busy working families the flexibility to drop-off before the school day starts and pick-up after the normal dismissal time. Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills, and to reinforce the skills they're learning during the school day, while providing plenty of time for fun with friends.

Program Details:

- Hours: 3:30pm 6:00 pm
- Dedicated and specially trained staff members with experience in working with older children.



Clubs & Enrichment

Our Clubs and Enrichment Programs are great ways for your child to expand on their interests or pursue new passions. These can be added in conjunction with our Extended Day Program or independently. This program offers families an opportunity to enroll their student in one or more days of after school activities without leaving the convenience of our campus.

Program Details:

- Hours: Varies by Club & Enrichment
- Dedicated and specially trained staff members in specialty area.
- Trusted Third Party providers in subject specific areas!



Extended Day

Extended Day

Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills and to reinforce the skills they're learning during the school day.





Students explore the exciting world of science, technology, engineering, art and math (STEAM) through building projects, experiments, and design challenges. Sharing ideas, asking questions, and making predictions are encouraged!



Robust outdoor free play and structured games help students learn sportsmanship and develop their physical strength and endurance. Students learn critical thinking and problem solving by participating in board games and team challenges with their peers.



Students express themselves by participating in hands-on visual arts, including photography, videography, drawing, and painting. Students develop planning skills by working on long-term projects with their peers and can participate in group performances or discussions.



Social and emotional growth is nurtured through student and teacher led activities that promote a feeling of community and belonging. Students learn through open-ended activities that give them a chance to apply problem-solving skills and collaborate with friends.



Some students appreciate the chance for independent activities or study after a long day at school. We provide a quiet place to work on homework, read, journal, or seek academic support from peers and teachers. Students can also work on various projects in this small group setting.

Clubs & Enrichment



Mad Science

Hop on board the chemistry express for this highspeed series of classes where we will learn about what happens in the lab! Snap on some safety goggles to study split second reactions, learn about glow-in-the-dark technology, and spend an adhesive hour learning about things that cling! Discover amazing, slimy things! Freeze water in seconds with dry ice! Slide down the colorful pH scale! This crazy series will blow your mind!

Grades: 1G- 5G Strat Date & End Date : 9/18/2023 -11/27/2023 Day Offered & Time: Monday, 3:30 -4:30 Location: Room 23 Cost: \$280 Instructor: Mad Science of the Bay Area

Math Olympiads

Club members will explore problem-solving strategies in depth, and will practice for contests using word problems from various sources. This course is designed to stimulate enthusiasm and a love for mathematics. We will introduce important mathematical concepts, teach major strategies for problem solving, and strengthen mathematical intuition. Fostering mathematical creativity and ingenuity, will provide satisfaction, joy, and the thrill of meeting challenges.

Grades: 4G-5G

Strat Date & End Date : 10/24/2023 - 3/26/2024 Day Offered & Time: Monday, 3:30 -4:30 Location: Room 22 Cost: \$500 Instructor: Hiya Amarnani

Yes for Chess

The Yes For Chess class teaches creative problem solving, builds confidence and captures an appreciation of the game. Each week our instructor leads an interactive lesson, and students play 1-2 fun chess games against their classmates. To get the most out of this class, its recommended students know movement of the pieces.

Grades: 1G- 5G

Strat Date & End Date : 9/20/2023 -11/29/2023 Day Offered & Time: Wednesday, 3:30 -4:30 Location: Room 26 Cost: \$250 Instructor: Yes for Chess

Speech and Debate Today, public

speaking has never been a more important skill. Our fun and engaging Speech and Debate Club will give participants the tools to speak confidently in any setting. The club is organized by Rose Institute, which since 2011 has specialized in connecting speakers with their audiences. Complete with tailored lessons, exercises, games, speeches, in class presentations, and inter-school competitions, our programs are an absolute blast. Strengthen your confidence, find your voice, and prepare for success!

Grades: 4G- 5G Strat Date & End Date : 9/28/2023 -5/30/2024 Day Offered & Time: Thursday, 3:30 -4:45 Location: Room 14 Cost: \$1250 Instructor: Rose Debate

Intro to Public Speaking

Find your voice, build confidence, and have tons of fun! This introductory public speaking program helps students grades 2-3 practice the fundamentals that every child needs in order to communicate effectively — whether on the playground, in a classroom, or on the stage. Posture, articulation, expressiveness, and conversation are just some of the skills students practice through fun games, interactive exercises, and creative projects.

Grades: 2G- 3G Strat Date & End Date : 9/28/2023 -5/30/2024 Day Offered & Time: Thursday, 3:30 - 4:45 Location: Room 22 Cost: \$1250 Instructor: Rose Debate



Bow to Strings

This is an innovative music educational program that combines small group lessons with orchestra experience, created by Samuel Boruszko (Mr. Sam) a former conductor and founding member of the renowned Simón Bolívar Symphony Orchestra, as well as a professional violin and viola player. Our program was inspired by Mr. Sam's many years of orchestral experience. He noticed students and even professional musicians improved faster while playing with other musicians. Playing and learning instruments in a group environment is not only fun, it effectively enhances skills like sight-reading, ear training, sense of musical timing and tempo etc. Students learn to play instruments with peers, besides getting personal attention from the teacher. Tuition includes instruments and materials - violins are provided with no additional charge! (Consent forms must be signed before taking our violins home.) Each group has limited space, sign up today!

Grades: 1G-5G

Start Date & End Date: 9/20/2023 - 11/29/2023 Day Offered & Time: Wednesday, 3:30-4:15 Location: Room 22 Cost: \$ 430.00 Instructor: Community Synergy Inc

Woodwinds Club

A Woodwind club to transition from Recorder to Flute, Clarinet and Sax. Will include the use of the innovative Nuvo instruments such as Toot, Dood, Clarineo and JSax. Previous experience with the Recorder is not required. This is an innovative music educational program that combines group lessons with orchestral experience, created by Samuel Boruszko (Mr. Sam) - a former orchestra conductor. Students learn to play instruments with peers, besides getting personal attention from the teacher. Tuition includes usage of instruments and materials - Toots, Doods and JSax are provided with no additional charge! (Consent forms must be signed before taking our violins home.) Each group has limited space, sign up today!

Grades: 1G- 5G Start Date & End Date: 9/20/2023 - 11/29/2023 Day Offered & Time: Wednesday, 4:30-5:15 Location: Room 22 Cost: \$ 430.00 Instructor: Community Synergy Inc

Bollywood Dance

Join us for a fun-filled Bollywood dance class! You will learn dances to popular Bollywood songs and various Indian dance styles will be taught with a focus on beat, rhythm, and expression.

Grades: TK- 2G Start Date & End Date: 9/21/2023 - 11/30/2023 Day Offered & Time: Thursday, 3:30-4:30 Location: Auditorium Cost: \$ 240.00 Instructor: Starz Dance Academy

Art in Action 1

Art in Action, taught by our own Mrs. Chaudhry, will explore different art mediums such as paints, oil pastels, modeling clay, charcoal and more. Students will learn about famous artists, inculcate different 3D shapes, patterns, and landscapes, and be able to experiment and build skills through different approaches to art.

Grades: TK- KG Start Date & End Date: 9/19/2023 - 11/28/2023 Day Offered & Time: Tuesday, 3:45-4:45 Location: Room 20 Cost: \$ 280.00 Instructor: Mrs. Chaudhry

Art in Action 2

Art in Action, taught by our own Mrs. Chaudhry, will explore different art mediums such as paints, oil pastels, modeling clay, charcoal and more. Students will learn about famous artists, inculcate different 3D shapes, patterns, and landscapes, and be able to experiment and build skills through different approaches to art.

Grades: 1G- 5G Start Date & End Date: 9/19/2023 - 11/28/2023 Day Offered & Time: Thursday, 3:45-4:45 Location: Room 13 Cost: \$ 280.00 Instructor: Mrs. Chaudhry

Kid's Dance Jam

Get ready to move and groove! This interactive dance and movement class combines dance, martial arts, and mindfulness and lets children experience different styles of dance (ie. rhythm-based movement and more). Students learn to do more than just follow. They'll learn how to express themselves through movement and dance and strengthen their bodies while doing it. The teacher will guide participants through a choreographed routine and provide them with the tools to individualize the movements. No dance experience required. This class is gamified and designed to support physical movement, individual self-expression and self-empowerment. This class places emphasis on building coordination, improving musicality, and learning dance moves.

Grades: TK- 5G Start Date & End Date: 9/18/2023 - 11/6/2023 Day Offered & Time: Thursday, 3:30-4:30 Location: Auditorium Cost: \$ 192.00 Instructor: Shine Yoga Kids



Soccer TK-KG

In this program, students will be exposed to the basic skills of soccer such as passing, dribbling, strategy, rules, and shooting. The goal is to develop the skill of the individual player in a positive athletic environment. This program encourages kids to have fun while learning and exercising through playing the game of soccer.

Grades: TK- KG Start Date & End Date: 9/18/2023 - 11/27/2023 Day Offered & Time: Monday, 3:30- 4:30 Location: Field Cost: \$ 250.00 Instructor: Amudha Raghavan

Soccer 1G-5G

In this program, students will be exposed to the basic skills of soccer such as passing, dribbling, strategy, rules, and shooting. The goal is to develop the skill of the individual player in a positive athletic environment. This program encourages kids to have fun while learning and exercising through playing the game of soccer.

Grades: 1G- 5G Start Date & End Date: 9/19/2023 - 11/28/2023 Day Offered & Time: Tuesday, 3:30- 4:30 Location: Field Cost: \$ 250.00 Instructor: Amudha Raghavan

Kid's Yoga

Kids Yoga is not just a simple kids yoga class. In every class, kids move, build strength (both physical and emotional), and confidence while having fun and discovering the benefits of yoga and mindfulness through yoga games. We make yoga and mindfulness FUN for kids! Each class is different and explores weekly themes like leadership, peace, friendships, environment, community, and so much more.

Grades: TK- 5G Start Date & End Date: 9/19/2023 - 11/7/2023 Day Offered & Time: Tuesday, 3:30- 4:30 Location: Auditorium Cost: \$ 192.00 Instructor: Shine Yoga Kids

Self Defense

Self Defense classes help students with balance, coordination, focus, discipline and respect. In this class each student will be taught basic stances, blocks, kicks, punches and self-defense techniques that will help them stay safe. In this fun and safe environment we will also help the students with awareness of the surroundings and reacting in a dangerous situation instead of freezing.

Grades: KG- 3G Start Date & End Date: 9/20/2023 - 11/29/2023 Day Offered & Time: Wednesday, 3:30- 4:30 Location: Auditorium Cost: \$ 235.00 Instructor: Little Athletes

Tennis TK-1G

Students will learn to play tennis on portable nets set up at school and low compression tennis balls. Engaging games and activities are incorporated to enhance their skills and make the learning process fun! It's important to note that many of the students in these classes have had limited exposure to tennis. Our goal is to inspire a love for the sport and encourage them to seek further instruction on real tennis courts. We have a limited supply of rackets available to borrow. To ensure a more enjoyable experience for everyone, we kindly suggest that you bring your own racket. This will help minimize the need for children to share rackets. Here are our recommended racket sizes based on age groups: 21 inches (ages 4-6), 23 inches (ages 6-8), 25 inches (ages 8-11)

Grades: TK- 1G Start Date & End Date: 9/20/2023 - 11/29/2023 Day Offered & Time: Wednesday, 3:30- 4:30 Location: Kindergarten Courtyard Cost: \$ 300.00 Instructor: SBA Tennis & Pickleball

Sports Club TK-KG

Sports Club provides a safe, fun and skill-based curriculum for TK-Kindergarten students. Sports Club is a multi-sport club generated towards students looking for a sports introduction or who want to develop their sport through group play. Additionally, Sports Club activities teach students about teamwork and develop self-confidence and communication skills.

Grades: TK- 1G Start Date & End Date: 9/21/2023 - 11/30/2023 Day Offered & Time: Thursday, 3:30- 4:30 Location: On Field Cost: \$ 250.00 Instructor: Amudha Raghavan

Tennis 2G-5G

Students will learn to play tennis on portable nets set Students will learn to play tennis on portable nets set up at school and low compression tennis balls. Engaging games and activities are incorporated to enhance their skills and make the learning process fun! It's important to note that many of the students in these classes have had limited exposure to tennis. Our goal is to inspire a love for the sport and encourage them to seek further instruction on real tennis courts. We have a limited supply of rackets available to borrow. To ensure a more enjoyable experience for everyone, we kindly suggest that you bring your own racket. This will help minimize the need for children to share rackets. Here are our recommended racket sizes based on age groups: 21 inches (ages 4-6), 23 inches (ages 6-8), 25 inches (ages 8-11)

Grades: 2G- 5G Start Date & End Date: 9/21/2023 - 11/30/2023 Day Offered & Time: Thursday, 3:30- 4:30 Location: Kindergarten Courtyard Cost: \$ 300.00 Instructor: SBA Tennis & Pickleball

Sports Club 1G-5G

Sports Club provides a safe, fun and skill-based curriculum for 1-5 grade students. Sports Club is a multi-sport club generated towards students looking for a sports introduction or who want to develop their sport through group play. Additionally, Sports Club activities teach students about teamwork and develop self-confidence and communication skills.

Grades: 1G – 5G Start Date & End Date: 9/22/2023 - 12/15/2023 Day Offered & Time: Friday, 3:30- 4:30 Location: On Field Cost: \$ 250.00 Instructor: Amudha Raghavan

Technology & Engineering

Lego Robotics 1G-2G

In this program students will explore various engineering concepts and will also learn to work in a collaborative and team environment. Using the third generation LEGO Mindstorms EV3 Robotics kit for older students, and the LEGO SPIKE Essential for the younger students, they will learn to build and program the robot to carry out various tasks and challenges.

Grades: 1G- 2G Start Date & End Date: 9/18/2023 - 11/27/2023 Day Offered & Time: Monday, 3:30-4:30 Location: Room 26 Cost: \$ 275.00 Instructor: Arshiya Khan

VEX Go Robotics

In our VEXGo program, students experience the fundamentals of coding, engineering, and robotics through various activities. Working in pairs, they build and code robots, work with motors and sensors, and see their creations come to life, while developing collaboration and teamwork skills.

Grades: 3G- 5G Start Date & End Date: 9/19/2023 - 11/28/2023 Day Offered & Time: Tuesday, 3:30-4:30 Location: Room 23 Cost: \$ 275.00 Instructor: Arshiya Khan



Entrepreneurship & Innovation

This program will teach students about the basics and principles of innovation and entrepreneurship. Taught by Ayse Zamboglu (M.A. Education) who returned to teaching after 15+ years of experience in the start-up ecosystem. It will be offered throughout the whole school year.

Grades: 4G- 5G

Strat Date & End Date : 9/18/2023 -5/20/2024 Day Offered & Time: Monday, 3:30 – 5:00 Location: Room 24 Cost: \$1050 Instructor: Ayse Zamboglu

Mandarin Exploration

Mandarin Exploration was developed to meet the needs of our community by providing Mandarin learning experience to students through a blend of academics and a play-based learning approach. Students will have the opportunity to develop their second language skills and explore Chinese culture in a natural and engaging small group setting on a weekly basis. Our curriculum structure is designed through the themes aligned with art, music, games, and science. This program is offered for the full school year, sign up quickly!

Grades: TK- 2G Strat Date & End Date : 9/18/2023 -5/24/2024 Day(s) Offered & Time: Monday & Friday, 3:30 -4:30 Location: Room 15 Cost: \$1200 Instructor: Jie Yang

Challenge Island

Inspired by the bestselling "I Survived" book series, Disaster Island© will take your STEAM Team on a thrilling adventure through some of the most famous disasters in history! From the eruption of Mount Vesuvius to the sinking of the Titanic to the Great San Francisco earthquake, you and your STEAM teammates will work together to overcome epic challenges using only the materials in your treasure chest and the power of your imagination!

Grades: KG- 3G Strat Date & End Date : 9/19/2023 -11/28/2023 Day Offered & Time: Tuesday, 3:30 - 4:30 Location: Room 22 Cost: \$300 Instructor: Challenge Island

Hindi Level 1

This is a beginners Hindi language class that will cover the alphabets, numbers, colors, poems and conversational Hindi. Games, puzzles and other interactive tools will be used to make it fun.

Grades: 1G- 5G Strat Date & End Date : 9/20/2023 - 5/29/2024 Day Offered & Time: Wednesday, 3:30 -4:30 Location: Room 27 Cost: \$825 Instructor: US Hindi

1001 Stories

This reading, writing, art and publishing club teaches our students about life in developing countries, and what it is like to lack access to education, adequate food and housing, and generally live in poverty. Students are provided with stories that are written by children in these developing areas. Students will then select a story that they feel would make a good picture book, and edit the story to make it more cohesive and flowing, as well as illustrate the book. The students work in teams to publish a book in full color, and send it back to the original author. Our students then end the year by marketing and selling their books to raise money for scholarships that go back to the original author's community. This program requires a yearlong commitment, and a copy of the book is included with the fee.

Grades: 4G- 5G Strat Date & End Date : 9/20/2023 - 5/29/2024 Day Offered & Time: Wednesday, 3:30 -4:30 Location: Room 13 Cost: \$1200 Instructor: Maureen Galitz

Food Explorers

Food Explorers Club Cooking offers young chefs the chance to explore exciting tastes (all seasonal and as local as possible!), nourish their bodies and minds, and master culinary skills such as knife skills, food, and kitchen safety (that they can put to use in family kitchens!), All our talented Chef Instructors are Food and Nutrition graduates passionate about teaching culinary nutrition. They will bring all ingredients, equipment, and supplies to lead an engaging, fun, and interactive cooking classes are a BLAST for all ages!-Our recipes are always Nut Free, and we try to accommodate all Food Allergies.-You'll never repeat a recipe! We have ALL NEW recipes planned throughout the school year!

Grades: 2G- 5G Strat Date & End Date : 9/22/2023 - 12/01/2023 Day Offered & Time: Friday, 3:30 -4:30 Location: Room 26 Cost: \$328 Instructor: Diets and Life

Hindi Level 2

This is a beginners Hindi language class that will cover the alphabets, numbers, colors, poems and conversational Hindi. Games, puzzles and other interactive tools will be used to make it fun.

Grades: 1G- 5G Strat Date & End Date : 9/21/2023 - 5/30/2024 Day Offered & Time: Thursday, 3:30 -4:30 Location: Room 27 Cost: \$825 Instructor: US Hindi

Before & After School Planning

Student Name: _____ Grade: ____

Extended Day

 Afternoon 5 Day
 Afternoon 3 day
 Afternoon 3 day

Clubs & Enrichment

	Title	Grades	Day	Time	Cost
1	Mad Science	1G-5G	Monday	3:30-4:30	\$280
2	Math Olympiads	4G-5G	Monday	3:30-4:30	\$500
3	Yes for Chess	1G- 5G	Wednesday	3:30-4:30	\$250
4	Speech and Debate	4G-5G	Thursday	3:30-4:30	\$1250
5	Intro to Public Speaking	2G -3G	Thursday	3:30- 4:30	\$1250
6	Bow to Strings	1G- 5G	Wednesday	3:30-4:15	\$430
7	Woodwinds Club	1G -5G	Wednesday	4:30-5:15	\$430
8	Bollywood Dance	TK – 2G	Thursday	3:30-4:30	\$240
9	Art in Action 1	TK- KG	Tuesday	3:45-4:45	\$280
10	Art in Action 2	1G – 5G	Thursday	3:45-4:45	\$280
11	Kid's Dance Jam	TK- 5G	Thursday	3:30-4:30	\$192
12	Soccer TK-KG	TK- KG	Monday	3:30-4:30	\$250
13	Kid's Yoga	1G -5G	Tuesday	3:30-4:30	\$192
14	Self Defense	KG-3G	Wednesday	3:30-4:30	\$235
15	Tennis TK-1G	TK-1G	Wednesday	3:30-4:30	\$300
16	Soccer 1G-5G	1G-5G	Tuesday	3:30-4:30	\$250
17	Sports Club TK-KG	TK-1G	Thursday	3:30-4:30	\$250
18	Tennis 2G-5G	2G-5G	Thursday	3:30-4:30	\$300
19	Sports Club 1G-5G	1G-5G	Friday	3:30-4:30	\$250
20	Lego Robotics 1G-2G	1G-2G	Monday	3:30–4:30	\$275
21	VEX Go Robotics	3G-5G	Tuesday	3:30-4:30	\$275

Before & After School Planning

Student Name:	Grade:	
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Extended Day

Afternoon 5 Day	Afternoon 3 day	Afternoon 3 day	
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Clubs & Enrichment

	Title	Grades	Day	Time	Cost
22	Entrepreneurship & Innovation	4G-5G	Monday	3:30- 4:30	\$1050
23	Mandarin Exploration	TK -2G	Monday & Friday	3:30 -4:30	\$1200
24	Challenge Island	KG-3G	Tuesday	3:30 -4:30	\$300
25	Hindi Level 1	1G- 5G	Wednesday	3:30- 4:30	\$825
26	1001 Stories	4G -5G	Wednesday	3:30 -4:30	\$1200
27	Food Explorers	2G-5G	Friday	3:30 -4:30	\$328
28	Hindi Level 2	1G-5G	Thursday	3:30-4:30	\$825
				Total Cost	