

Early Preschool Program

Early Preschool Sample Schedule

MORNING

Imaginative Playtime

8:15 - 9:15 a.m.

- Morning greeting and home to school transitions
- Development of social skills
- Individual attention: one-on-one assistance (skill building)
- Play and exploration

Clean-up

9:15 - 9:20 a.m.

Autonomy skills and teamwork

Outdoor Learning

(Morning Recess)

9:20 - 9:50 a.m.

- Playground, nature exploration
- Social skills development
- Large motor development

Restroom and Snack

9:50 - 10:10 a.m.

- Self-help skills and independence
- Handwashing, potty training, and diapering

Morning Meeting

10:00 - 10:30 a.m.

- Welcome, attendance, and pledge of allegiance
- Math meeting to build mathematical concepts: weather, counting, and patterning
- Songs and stories

Music Exploration

10:30 - 10:50 a.m.

- Singing, dancing, dramas
- Rhythm instruction
- Movement to music

STEAM Activity Centers

10:50 - 11:30 a.m.

STEAM activity centers promote creative thinking and build confidence through science, technology, engineering, art, and math experiences. Our small-group activities provide opportunities for classroom and specialty teachers to support essential language development and foundational skills.

Early Scientist

(program specialist M,T, every other W)

- Fostering of early scientific skills (observing, inquiring, predicting, and hypothesizing)
- Sensory activities

Foreign Language

(program specialist Th, F, every other W)

 Fostering of early world language and cultural appreciation

Prepare for Lunch and Nap and Half-Day Student Departure

11:30 - 11:50 a.m.

Lunch

11:50 a.m. – 12:30 p.m.

AFTERNOON

Nap

12:30 – 2:30 p.m.

Children may rest with quiet items or sleep

Rise & Shine

2:30 - 2:50 p.m.

Handwashing and restroom

Recess

2:50 - 3:20 p.m.

Snack

3:20 - 3:30 p.m.

Handwashing and restroom

Story Time, Drama and Departure

3:20 - 3:30 p.m.

Stories, songs, and games

EXTENDED DAY

Indoor Play

3:45 - 4:30 p.m.

- Table & floor games and toys
- Dramatic play
- Sensory activities

Outdoor Play

4:30 - 5:00 p.m.

Rotating Focus

5:00 - 5:30 p.m.

- Physical education
- Arts and crafts
- Movement to music

Storytime

5:30 - 6:00 p.m.

- Read-aloud
- Dramas, puppets, and flannel stories

Stratford's Early Preschool Program is not just childcare. It's a stepping stone to a lifelong love of learning in a safe, nurturing environment

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