

# Before & After School Programs

## Extended Day • Clubs & Enrichment



**Stratford School**

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**Fall 2023**

# A Place to Grow:

*Where learning continues beyond the school day*

Our Before & After School Programs offer students enriching opportunities for discovery and exploration before and after the normal school day hours. These programs provide numerous options for fun while also reinforcing the essential lessons and values taught throughout the school day.



## Extended Day

Our Extended Day program allows busy working families the flexibility to drop-off before the school day starts and pick-up after the normal dismissal time. Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills, and to reinforce the skills they're learning during the school day, while providing plenty of time for fun with friends.

### Program Details:

- Hours: 7 am – 6:00 pm
- Dedicated and specially trained staff members with experience in working with school age children.

## Clubs & Enrichment

Our Clubs and Enrichment Programs are great ways for your child to expand on their interests or pursue new passions. These can be added in conjunction with our Extended Day Program or independently. This program offers families an opportunity to enroll their student in one or more days of after school activities without leaving the convenience of our campus.

### Program Details:

- Hours: Varies by Club & Enrichment
- Dedicated and specially trained staff members in specialty area.



**Extended Day**

# Extended Day

*Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills and to reinforce the skills they're learning during the school day.*



Students explore the exciting world of science, technology, engineering, art and math (STEAM) through building projects, experiments, and design challenges. Sharing ideas, asking questions, and making predictions are encouraged!



Robust outdoor free play and structured games help students learn sportsmanship and develop their physical strength and endurance. Students learn critical thinking and problem solving by participating in board games and team challenges with their peers.



Students express themselves by participating in hands-on visual arts, including photography, videography, drawing, and painting. Students develop planning skills by working on long-term projects with their peers and can participate in group performances or discussions.



Social and emotional growth is nurtured through student and teacher led activities that promote a feeling of community and belonging. Students learn through open-ended activities that give them a chance to apply problem-solving skills and collaborate with friends.



Some students appreciate the chance for independent activities or study after a long day at school. We provide a quiet place to work on homework, read, journal, or seek academic support from peers and teachers. Students can also work on various projects in this small group setting.



# Clubs & Enrichment



## Mad Science

ATTENTION FUTURE ASTRONAUTS! Mad Science and NASA have teamed up to bring you the excitement and wonder of space in this voyage of discovery! This is an experience that is truly out of this world! Grades: 1G-5G

**Weeks Offered & Time:** Tuesday, 3:30-4:30 pm

**Cost:** \$290

**Instructor:** Mad Science Staff

## Yes for Chess

The Yes For Chess class teaches creative problem solving, builds confidence and captures an appreciation of the game. Each week our instructor leads an interactive lesson, and students play 1-2 fun chess games against their classmates. To get the most out of this class, its recommended students know movement of the pieces. Grades: 1G-5G

**Weeks Offered & Time:** Thursdays, 3:30-4:30 pm

**Cost:** \$250

**Instructor:** Yes for Chess Staff

## Weird Nature Science

Have you ever wanted to be a scientist? Or to increase your understanding of the natural world? Well, you're in luck! In this class, we'll be learning about physics and the natural world through fun, easy science experiments in chemistry and physics. We'll learn about states of matter, the animal and plant kingdoms, and how things we interact with in our everyday lives really work. This is the perfect club if you love science or engineering or just want to get a little messy in afterschool. Grades: KG-2G

**Weeks Offered & Time:** Fridays, 3:30-4:30 pm

**Cost:** \$270

**Instructor:** VAC Enrichment Staff

## Hindi Level 1

This is a beginners Hindi language class that will cover the alphabets, numbers, colors, poems and conversational Hindi. Games, puzzles and other interactive tools will be used to make it fun.

Grades: 1G-5G

**Weeks Offered & Time:** Thursdays, 3:30-4:30 pm

**Cost:** \$825

**Instructor:** US Hindi Staff

## Speech and Debate

Today, public speaking has never been a more important skill. Our fun and engaging Speech and Debate Club will give participants the tools to speak confidently in any setting. The club is organized by Rose Institute, which since 2011 has specialized in connecting speakers with their audiences. Complete with tailored lessons, exercises, games, speeches, in class presentations, and inter-school competitions, our programs are an absolute blast. Strengthen your confidence, find your voice, and prepare for success! Grades: 4G-5G

**Weeks Offered & Time:** Wednesdays, 3:30-5:00 pm

**Cost:** \$1,250

**Instructor:** Rose Debate Staff

## Intro to Public Speaking

Find your voice, build confidence, and have tons of fun! This introductory public speaking program helps students grades 1-3 practice the fundamentals that every child needs in order to communicate effectively — whether on the playground, in a classroom, or on the stage. Posture, articulation, expressiveness, and conversation are just some of the skills students practice through fun games, interactive exercises, and creative projects. Grades: 2G-3G

**Weeks Offered & Time:** Mondays, 3:30-4:30 pm

**Cost:** \$995

**Instructor:** Rose Debate Staff

## 1,001 Stories

This reading, writing, art and publishing club teaches our students about life in developing countries, and what it is like to lack access to education, adequate food and housing, and generally live in poverty. Students are provided with stories that are written by children in these developing areas. Students will then select a story that they feel would make a good picture book, and edit the story to make it more cohesive and flowing, as well as illustrate the book. The students work in teams to publish a book in full color, and send it back to the original author. Our students then end the year by marketing and selling their books to raise money for scholarships that go back to the original author's community. This program requires a yearlong commitment, and a copy of the book is included with the fee. Grades: 4G-5G

**Weeks Offered & Time:** Thursdays, 3:30-4:30 pm

**Cost:** \$1,200

**Instructor:** Mrs. Shah



## Bollywood Dance

Join us for a fun-filled Bollywood dance class! You will learn dances to popular Bollywood songs and various Indian dance styles will be taught with a focus on beat, rhythm, and expression. Grades: KG-2G

**Weeks Offered & Time:** Wednesdays, 3:30-4:30 pm

**Cost:** \$240

**Instructor:** Starz Dance Academy Staff

## Chinese Arts & Culture Club KG-5G

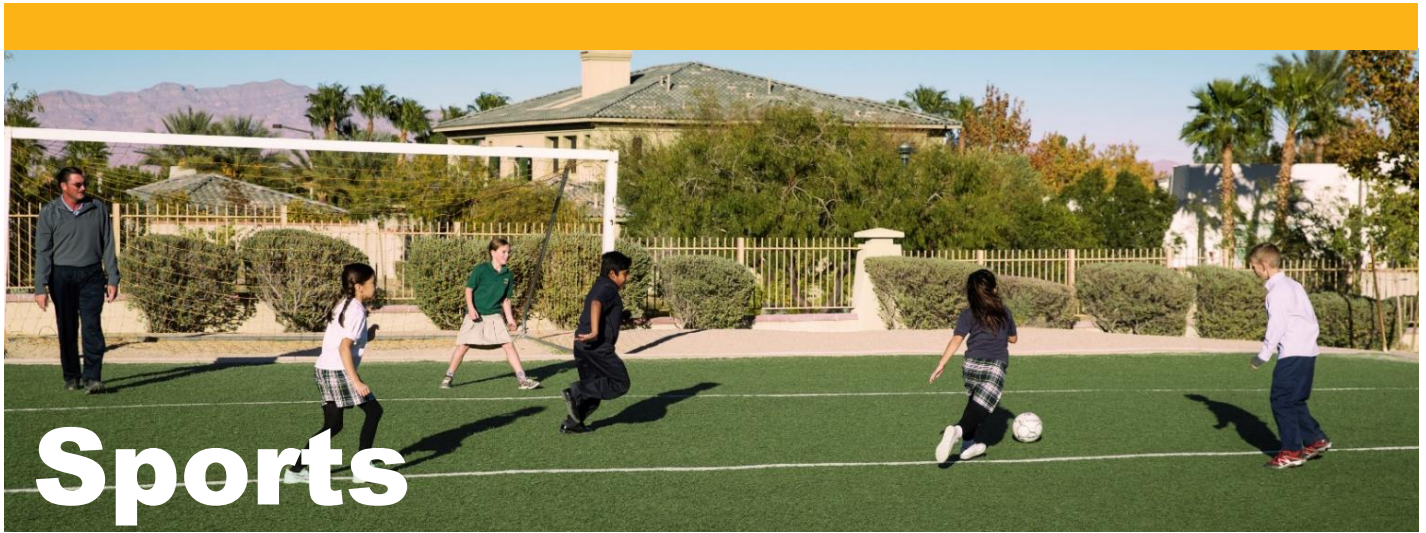
Chinese Culture Club provides an environment for students to grow in their understanding of cultures that they normally wouldn't be exposed to in their everyday lives. The club is taking this cultural understanding further by introducing Chinese language, culture and traditions through food, singing, dancing, arts, and activities. Grades: KG-5G

**Weeks Offered & Time:** Mondays, 3:30-4:30 pm

**Cost:** \$300

**Instructor:** Ms. Wu





## Basketball

Kassirer Basketball was created by a former pro athlete, so students can have fun learning a sport they can play for a lifetime conveniently at school with their classmates. Coaches provide kid-sized lighter Basketballs! We group by grade and teach to your child's abilities. Students will learn professional quality fundamentals; defensive and offensive tactics, play fun games and scrimmage weekly. Our coaches emphasize sportsmanship, communication, technique and teamwork while instilling that every child can succeed through persistence and practice. Our coaches also make sure your kids are socializing and having fun! Just wear athletic shoes and attire to class and our coaches will provide the rest.

Grades: 1G-5G

**Weeks Offered & Time:** Tuesdays, 3:30-4:30 pm

**Cost:** \$250

**Instructor:** Kassirer Entertainment Staff

## Soccer

In this class, students will be exposed to the basic skills of soccer such as passing, dribbling, strategy, rules and shooting. The goal is to develop the skill of individual player in a positive athletic environment. This program encourages kids to have fun while learning and exercising through playing the game of soccer. Grades: KG

**Weeks Offered & Time:** Tuesdays, 3:30-4:30 pm

**Cost:** \$235

**Instructor:** Little Athletes Staff

## Badminton

Kassirer Badminton was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime conveniently at school with their classmates. Coaches set up portable kid-sized badminton nets and provides rackets & shuttlecocks during class! Students will be taught the basic rules and quickly learn to play and enjoy group games and doubles games. Playing badminton improves fitness, hand-eye and mental and physical agility and is a sport that can be played by all ages. Our coaches emphasize sportsmanship, socializing and teamwork! Just wear athletic shoes and attire to class and our coaches will provide the rest. Grades: KG-5G

**Weeks Offered & Time:** Fridays, 3:30-4:30 pm

**Cost:** \$250

**Instructor:** Kassirer Staff

## Tennis

Kassirer Tennis was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime conveniently at school with their classmates. Coaches set up portable tennis nets on your blacktop to make kid sized tennis courts and provide kid-sized racquets & starter balls! Students will learn professional quality fundamentals; play fun group games, improve fitness, hand-eye and agility and start to rally. We group the class by grade and teach to your child's level and abilities. Our coaches emphasize sportsmanship and teamwork while instilling that every child can succeed through persistence and practice. Our coaches also make sure your kids are socializing and smiling a lot! Just wear athletic shoes and attire to class and our coaches will provide the rest. Class is taught on the school blacktop. Grades: 1G-5G

**Weeks Offered & Time:** Thursdays, 3:30-4:30 pm

**Cost:** \$250

**Instructor:** Kassirer Staff

## Pickleball

Kassirer Pickleball was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime conveniently at school with their classmates. Coaches set up portable nets on your blacktop to create Pickleball courts. Pickleball is a cross between ping pong, badminton and tennis and is a sport the whole family can play together. It is fun and easy to learn and also helps develop the skills needed to learn tennis. Pickleball is a social sport that allows kids to quickly start rallying, serving and playing games on a court which is 1/4 the size of a tennis court. The game is played with whiffle balls which move slower and have less bounce than a tennis ball. Kids will improve their hand-eye coordination, reaction, fitness and movement. Our coaches also make sure your kids are socializing and having fun! We provide loaner Engage Pickleball paddles during class. Just wear athletic shoes and attire to class and come ready to run, smile and play and our coaches will provide the rest! Grades: KG-5G

**Weeks Offered & Time:** Wednesdays, 3:30-4:30 pm

**Cost:** \$250

**Instructor:** Kassirer Staff



# Technology & Engineering

## Lego Robotics 1G-2G

In this program students will explore various engineering concepts and will also learn to work in a collaborative and team environment. Using the third generation LEGO Mindstorms EV3 Robotics kit for older students, and the LEGO SPIKE Essential for the younger students, they will learn to build and program the robot to carry out various tasks and challenges. Grades: 1G-2G

**Weeks Offered & Time:** Thursdays, 3:30-4:30 pm

**Cost:** \$275

**Instructor:** Ms. Abe

## Lego Robotics 3G-5G

In this program students will explore various engineering concepts and will also learn to work in a collaborative and team environment. Using the third generation LEGO Mindstorms EV3 Robotics kit for older students, and the LEGO SPIKE Essential for the younger students, they will learn to build and program the robot to carry out various tasks and challenges. Grades: 3G-5G

**Weeks Offered & Time:** Mondays, 3:30-4:30 pm

**Cost:** \$275

**Instructor:** Ms. Vanka



# Other Clubs

## Food Explorers 1

Food Explorers Club Cooking offers young chefs the chance to explore exciting tastes (all seasonal and as local as possible!), nourish their bodies and minds, and master culinary skills such as knife skills, food, and kitchen safety (that they can put to use in family kitchens!), All our talented Chef Instructors are Food and Nutrition graduates passionate about teaching culinary nutrition. They will bring all ingredients, equipment, and supplies to lead an engaging, fun, and interactive cooking class with your young chefs in training. Our cooking classes are a BLAST for all ages!-Our recipes are always Nut Free, and we try to accommodate all Food Allergies.-You'll never repeat a recipe! We have ALL NEW recipes planned throughout the school year! Grades: 2G-5G

**Weeks Offered & Time:** Mondays, 3:30-4:45 pm  
**Cost:** \$328  
**Instructor:** Diets and Life Staff

## Food Explorers 2

Food Explorers Club Cooking offers young chefs the chance to explore exciting tastes (all seasonal and as local as possible!), nourish their bodies and minds, and master culinary skills such as knife skills, food, and kitchen safety (that they can put to use in family kitchens!), All our talented Chef Instructors are Food and Nutrition graduates passionate about teaching culinary nutrition. They will bring all ingredients, equipment, and supplies to lead an engaging, fun, and interactive cooking class with your young chefs in training. Our cooking classes are a BLAST for all ages!-Our recipes are always Nut Free, and we try to accommodate all Food Allergies.-You'll never repeat a recipe! We have ALL NEW recipes planned throughout the school year! Grades: KG-2G

**Weeks Offered & Time:** Tuesdays, 3:30-4:45 pm  
**Cost:** \$328  
**Instructor:** Diets and Life Staff

# Before & After School Planning

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

## Extended Day

	<b>Before School</b>		<b>After School</b>		<b>Before &amp; After School</b>
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## Clubs & Enrichment

	Title	Grades	Day	Time	Cost
	<b>Intro to Public Speaking</b>	2G:-3G	Monday	3:30-4:30 pm	\$995
	<b>Mad Science</b>	1G-5G	Tuesday	3:30-4:30 pm	\$290
	<b>Speech and Debate</b>	4G-5G	Wednesday	3:30-4:45 pm	\$1,250
	<b>Yes for Chess</b>	1G-5G	Thursday	3:30-4:30 pm	\$250
	<b>Hindi Level 1</b>	1G-5G	Thursday	3:30-4:30 pm	\$825
	<b>1,001 Stories</b>	4G-5G	Thursday	3:30-4:30 pm	\$1,200
	<b>Weird Nature Science</b>	KG-2G	Friday	3:30-4:30 pm	\$270
	<b>Chinese Arts and Culture</b>	KG-5G	Monday	3:30-5:30 pm	\$300
	<b>Bollywood Dance</b>	KG-2G	Wednesday	3:30-4:30 pm	\$240
	<b>Basketball</b>	1G-5G	Tuesday	3:30-4:30 pm	\$250
	<b>Pickleball</b>	KG-5G	Wednesday	3:30-4:30 pm	\$250
	<b>Tennis</b>	KG-5G	Thursday	3:30-4:30 pm	\$250
	<b>Badminton</b>	KG-5G	Friday	3:30-4:30 pm	\$250
	<b>Lego Robotics 3G-5G</b>	3G-5G	Monday	3:30-4:30 pm	\$275
	<b>Lego Robotics 1G-2G</b>	1G-2G	Thursday	3:30-4:30 pm	\$275
	<b>Food Explorers 1</b>	2G-5G	Monday	3:30-4:45 pm	\$328
	<b>Food Explorers 2</b>	KG-2G	Thursday	3:30-4:45 pm	\$328
				<b>Total Cost</b>	