

# Before & After School Programs

## Extended Day & After School Clubs



**Stratford School Palo Alto**

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**Fall 2025**

# A Place to Grow:

*Where learning continues beyond the school day*

Our Before & After School Programs offer students enriching opportunities for discovery and exploration before and after the normal school day hours. These programs provide numerous options for fun while also reinforcing the essential lessons and values taught throughout the school day.



## Extended Day

Our Extended Day program allows busy working families the flexibility to drop-off before the school day starts and pick-up after the normal dismissal time. Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills, and to reinforce the skills they're learning during the school day, while providing plenty of time for fun with friends.

### Program Details:

- Hours: 3:30pm – 6:00 pm
- Dedicated and specially trained staff members with experience in working with older children.

## After School Clubs

Our After School Clubs are great ways for your child to expand on their interests or pursue new passions. These can be added in conjunction with our Extended Day Program or independently. This program offers families an opportunity to enroll their student in one or more days of after school activities without leaving the convenience of our campus.

### Program Details:

- Hours: Varies by Club & Enrichment
- Dedicated and specially trained staff members in specialty area.
- Trusted Third Party providers in subject specific areas!





**Extended Day**

# Extended Day

*Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills and to reinforce the skills they're learning during the school day.*



Students explore the exciting world of science, technology, engineering, art and math (STEAM) through building projects, experiments, and design challenges. Sharing ideas, asking questions, and making predictions are encouraged!



Robust outdoor free play and structured games help students learn sportsmanship and develop their physical strength and endurance. Students learn critical thinking and problem solving by participating in board games and team challenges with their peers.



Students express themselves by participating in hands-on visual arts, including photography, videography, drawing, and painting. Students develop planning skills by working on long-term projects with their peers and can participate in group performances or discussions.



Social and emotional growth is nurtured through student and teacher led activities that promote a feeling of community and belonging. Students learn through open-ended activities that give them a chance to apply problem-solving skills and collaborate with friends.



Some students appreciate the chance for independent activities or study after a long day at school. We provide a quiet place to work on homework, read, journal, or seek academic support from peers and teachers. Students can also work on various projects in this small group setting.





# Clubs & Enrichment



## Weird Nature Science

This after-school enrichment class will have students engage their four senses of sight, hearing, touch, and smell through hands-on activities and experiments. We'll also explore important topics like recycling and nature to foster environmental awareness and appreciation. To top it off, we'll end the club with classic science experiments that your kids will love, including making a volcano and a lava lamp and participating in an adventurous "egg zip line." Join us as we spark your children's curiosity, creativity, and love for science. It's going to be an unforgettable journey of learning and exploration!

**Grades:** KG-2G

**Weeks Offered & Time:** Mondays, 3:30-4:30

**Start Date and End Date:** 9/8-12/1

**Cost:** \$324

**Instructor:** VAC Enrichment

## Yes for Chess

Join our chess class, open to all skill levels! Whether you're new to the game or have some experience, our sessions cover everything from the basic rules, fun tactical puzzles, check matting patterns, and end games. Plus, every fourth week, we spice things up with a fun chess variant to keep the learning experience fresh and exciting! Returning students are always welcome to join in on the fun. We're all about keeping chess enjoyable and sharing our love for this ancient game. Come and discover the world of chess with us!

**Grades:** 1G-5G

**Weeks Offered & Time:** Thursdays, 3:30-4:30

**Start Date and End Date:** 9/11-12/4

**Cost:** \$324

**Instructor:** Yes for Chess Staff

## Yes for Chess KG

Join our chess class, open to all skill levels! Whether you're new to the game or have some experience, our sessions cover everything from the basic rules, fun tactical puzzles, check matting patterns and end games. Plus, every fourth week, we spice things up with a fun chess variant to keep the learning experience fresh and exciting! Returning students are always welcome to join in on the fun. We're all about keeping chess enjoyable and sharing our love for this ancient game. Come and discover the world of chess with us!

**Grades:** KG

**Weeks Offered & Time:** Thursdays, 3:30-4:30

**Start Date and End Date:** 9/11-12/4

**Cost:** \$324

**Instructor:** Yes for Chess Staff

## Mad Science - NASA

NASA and Mad Science collaborate to educate the next generation! Children go on a voyage of discovery to space with unique hands-on activities and amazing demonstrations. They explore the sun and stars, space technology, rocket science, the atmosphere, planets and moons, supernovas and more!

**Grades:** 1G-5G

**Weeks Offered & Time:** Tuesdays, 3:30-4:30

**Start Date and End Date:** 9/9-12/9

**Cost:** \$360

**Instructor:** Mad Science Bay Area

## Introduction to Public Speaking

This introductory public speaking program helps students practice the fundamentals that every child needs in order to communicate effectively — whether on the playground, in a classroom, or on the stage. Some of the skills we practice: Posture, Speaking clearly and with expressiveness, Making conversation. The program rotates to a new focus roughly every 10 weeks. Each 10-week term features a mini-presentation halfway through the term and ends with a creative project and presentation. The program requires some basic reading/writing skills, although for younger students, we focus on in-class activities rather than handouts or written assignments.

**Grades:** 2G-3G

**Weeks Offered & Time:** Wednesdays, 3:30-4:30

**Start Date and End Date:** 9/10-5/20

**Cost:** \$1,100

**Instructor:** Rose Debate

## Speech and Debate

Today, public speaking has never been a more important skill. Our fun and engaging Speech and Debate Club will give participants the tools to speak confidently in any setting. The club is organized by Rose Institute, which, since 2011, has specialized in connecting speakers with their audiences. Complete with tailored lessons, exercises, games, speeches, in-class presentations, and inter-school competitions, our programs are an absolute blast. Strengthen your confidence, find your voice, and prepare for success! Our Speech and Debate Club includes: Fundamentals of public speaking, such as posture, articulation, and vocal expression. Speech-writing workshops for crafting strong theses and using precise rhetoric. Confidence-building exercises for everyday situations, such as making conversation. Fundamentals of debate for learning how to construct, deliver, and respond to an argument.

**Grades:** 4G-5G

**Weeks Offered & Time:** Wednesdays, 3:30-4:45

**Start Date and End Date:** 9/10-5/20

**Cost:** \$1,250

**Instructor:** Rose Debate

## Speech and Debate MS

Today, public speaking has never been a more important skill. Our fun and engaging Speech and Debate Club will give participants the tools to speak confidently in any setting. The club is organized by Rose Institute, which, since 2011, has specialized in connecting speakers with their audiences. Complete with tailored lessons, exercises, games, speeches, in-class presentations, and inter-school competitions, our programs are an absolute blast. Strengthen your confidence, find your voice, and prepare for success! Our Speech and Debate Club includes:

Fundamentals of public speaking, such as posture, articulation, and vocal expression. Speech-writing workshops for crafting strong theses and using precise rhetoric. Confidence-building exercises for everyday situations, such as making conversation. Fundamentals of debate for learning how to construct, deliver, and respond to an argument.

**Grades:** Middle School

**Weeks Offered & Time:** Fridays, 3:30-4:30

**Start Date and End Date:** 9/12-5/22

**Cost:** \$900

**Instructor:** Rose Debate





## Art Fundamentals

Engaging art classes will immerse your child in major art styles and techniques, and teach them to transform their ideas into reality—a crucial skill for success in any field.

**Grades:** KG-2G

**Day Offered & Time:** Mondays, 3:30-4:30

**Start Date and End Date:** 9/8-12/1

**Cost:** \$504

**Instructor:** Art School of SF Bay

## Hip Hop Dance

Step On 3 Hip Hop dance classes are more than just movement; they're pure energy! Kids groove to powerful beats, learning rhythm, coordination, and teamwork in a fun, supportive space. Each session builds confidence, encourages self-expression, and develops lifelong skills, all while keeping them active, smiling, and moving with style. Alongside Hip Hop, we sprinkle in touches of Bollywood and Bhangra to keep every class fresh, vibrant, and uniquely StepOn3. Every move has its own rhythm, every step tells a story!

**Grades:** KG-5G

**Weeks Offered & Time:** Fridays, 3:30-4:30

**Start Date and End Date:** 9/12-12/12

**Cost:** \$300

**Instructor:** Step On 3

## Chinese Culture Club

Chinese Culture Club provides an environment for students to grow in their understanding of cultures that they normally wouldn't be exposed to in their everyday lives. The club is taking this cultural understanding further by introducing Chinese language, culture, and traditions through food, singing, dancing, arts, and activities.

**Grades:** KG-5G

**Weeks Offered & Time:** Wednesdays, 3:30-4:30

**Start Date and End Date:** 9/10-12/3

**Cost:** \$360

**Instructor:** Ms. Li





## Soccer KG

In this class, students will be exposed to the basic skills of soccer such as passing, dribbling, strategy, rules, and shooting. The goal is to develop the skill of the individual player in a positive athletic environment. This program encourages kids to have fun while learning and exercising through playing the game of soccer.

**Grades:** KG

**Day Offered & Time:** Fridays, 3:30-4:30

**Start Date and End Date:** 9/12-12/12

**Cost:** \$280

**Instructor:** Little Athletes

## Challenger Sports Soccer

After-school soccer is delivered by Challenger Sports and their professionally licensed soccer coaches. This training program is aimed at players who want to learn about the beautiful game of soccer that has swept the globe, while also challenging players to advance their individual skills. Our coaches offer organized practices focusing on individual techniques and skills to fast-track the player's game to new heights.

**Grades:** 1G-2G

**Day Offered & Time:** Mondays, 3:30-4:30

**Start Date and End Date:** 9/8-12/1

**Cost:** \$372

**Instructor:** Challenger Sports

## Badminton

Kassirer Badminton was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime, conveniently at school with their classmates. Coaches set up portable kid-sized badminton nets and provide rackets & shuttlecocks during class! Students will be taught the basic rules and quickly learn to play and enjoy group games and doubles games. Playing badminton improves fitness, hand-eye and mental and physical agility, and is a sport that can be played by all ages. Our coaches emphasize sportsmanship, socializing, and teamwork! Just wear athletic shoes and attire to class, and our coaches will provide the rest.

**Grades:** KG-5G

**Day Offered & Time:** Fridays, 3:30-4:30

**Start Date and End Date:** 9/12-12/12

**Cost:** \$300

**Staff Name:** Kassirer Entertainment

### Tennis

Kassirer Tennis was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime, conveniently at school with their classmates. Coaches set up portable tennis nets on your blacktop to make kid-sized courts and provide little racquets & starter balls! Students will learn professional quality fundamentals; play fun group games, improve fitness, hand-eye and agility, and start to rally. We group the class by grade and teach to your child's level and abilities. Our coaches emphasize sportsmanship, socialization, and fun while instilling that every child can succeed through persistence and practice. Just wear athletic shoes and attire to class, and our coaches will provide the rest.

**Grades:** KG-5G

**Day Offered & Time:** Thursdays, 3:30-4:30

**Start Date and End Date:** 9/11-12/4

**Cost:** \$360

**Instructor:** Kassirer Entertainment

### Let's Play Sports

Let's Play Sports was created by a former pro athlete so kids can have the opportunity to sample team sports, volleyball and basketball, and an individual sport, track and field, in a positive, safe, patient environment. Our coaches care about teaching proper technique, sportsmanship, communication, and teamwork, and are experts at motivating and engaging kids. This is a fun way for little athletes to try out multiple sports and make new friendships along the way!

**Grades:** KG-5G

**Day Offered & Time:** Tuesdays, 3:30-4:30

**Start Date and End Date:** 9/9-12/9

**Cost:** \$360

**Instructor:** Kassirer Entertainment

### Pickleball

Kassirer Pickleball was created by Laura Kassirer, a former Wimbledon player, so students can have fun learning a sport they can play for a lifetime, conveniently at school with their classmates. Coaches set up portable nets on your blacktop to create Pickleball courts. Pickleball is a cross between ping pong, badminton and tennis, and is a sport the whole family can play together. It is fun and easy to learn, and also helps develop the skills needed to learn tennis. Pickleball is a social, fun sport that allows kids to quickly start rallying, serving, and playing games on a court that is  $\frac{1}{4}$  the size of a tennis court. Kids will improve their hand-eye coordination, reaction, fitness, and movement. We provide loaner Engage Pickleball paddles during class. Just wear athletic shoes and attire, and our coaches will provide the rest!

**Grades:** KG-5G

**Day Offered & Time:** Wednesdays, 3:30-4:30

**Start Date and End Date:** 9/10-12/3

**Cost:** \$360

**Instructor:** Kassirer Entertainment



# Other Clubs

## Food Explorers

This fall, young chefs will roll up their sleeves for a delicious hands-on adventure! In Food Explorers Club, we'll spotlight late summer and fall favorites like juicy tomatoes, sweet figs, crisp apples, creamy avocados, and cozy butternut squash. From kneading butternut squash gnocchi to baking zucchini bread and mixing up gooey avocado brownies, every class is a chance to cook, taste, and explore! All new recipes are prepared with no nuts, and substitutes are available for most all food allergens. Join us—where curiosity meets the kitchen!

**Grades:** KG-5G

**Day Offered & Time:** Tuesdays, 3:30-4:30

**Start Date and End Date:** 9/9-11/18

**Cost:** \$440

**Instructor:** Diets and Life

## Lego Robotics

In this program, students will explore various engineering concepts and will also learn to work in a collaborative and team environment. Using the third-generation LEGO Spike Prime kit for older students and the LEGO SPIKE Essential for the younger students, they will learn to build and program the robot to carry out various tasks and challenges.

**Grades:** 1G-2G

**Day Offered & Time:** Tuesdays, 3:30-4:30

**Start Date and End Date:** 9/9-12/9

**Cost:** \$360

**Instructor:** Ms. Abe

## Game Design

Have you ever dreamed of creating a video game? In this course, we'll dive into game development. Students will learn the fundamentals of game design, starting with HTML programming. During the course, we will use AI technology for storytelling and image creation, infusing unlimited options into game creation. We'll also work on enhancing writing skills by coding trivia challenges and immersive choose-your-own-adventure games. Learners will have the opportunity to collaborate on a group game. Together, you'll practice the techniques learned throughout the course to craft a game that can be shared with friends and family. You don't need any previous experience or special software; you'll only need your creativity and a laptop!

**Grades:** 3G-5G

**Day Offered & Time:** Thursdays, 3:30-4:30

**Start Date and End Date:** 9/11-12/4

**Cost:** \$324

**Instructor:** VAC Enrichment



# Before & After School Planning

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

## Extended Day

	Afternoon 5 Day		Afternoon 3 day		Afternoon 3 day
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## Clubs & Enrichment

	Title	Grades	Day	Time	Cost
	Yes for Chess	1G-5G	Thursday	3:30-4:30	\$324
	Yes for Chess KG	KG	Thursday	3:30-4:30	\$324
	Mad Science NASA	1G-5G	Tuesday	3:30-4:30	\$360
	Introduction to Public Speaking	2G-3G	Wednesday	3:30-4:30	\$1,100
	Speech and Debate	4G-5G	Wednesday	3:30-4:45	\$1,250
	Speech and Debate MS	Middle School	Friday	3:30-4:30	\$900
	Weird Nature Science	KG-2G	Monday	3:30-4:30	\$324
	Art Fundamentals	KG-2G	Monday	3:30-4:30	\$504
	Hip Hop Dance	KG-5G	Friday	3:30-4:30	\$300
	Chinese Culture Club	KG-5G	Wednesday	3:30-4:30	\$360
	Soccer KG	KG	Friday	3:30-4:30	\$280
	Challenger Sports Soccer	1G-2G	Monday	3:30-4:30	\$372
	Badminton	KG-5G	Friday	3:30-4:30	\$300
	Tennis	KG-5G	Thursday	3:30-4:30	\$360
	Let's Play Sports	KG-5G	Tuesday	3:30-4:30	\$360
	Pickleball	KG-5G	Wednesday	3:30-4:30	\$360
	Food Explorers	KG-5G	Tuesday	3:30-4:30	\$440
	Lego Robotics	1G-2G	Tuesday	3:30-4:30	\$360
	Game Design	3G-5G	Thursday	3:30-4:30	\$324
				Total Cost	