# Before & After School Programs Extended Day & After School Clubs





Sunnyvale De Anza Park

1196 Lime Drive | Sunnyvale, CA 94087 408-732-4424 | sd@stratfordschools.com

Fall 2025

# A Place to Grow:

# Where learning continues beyond the school day

Our Before & After School Programs offer students enriching opportunities for discovery and exploration before and after the normal school day hours. These programs provide numerous options for fun while also reinforcing the essential lessons and values taught throughout the school day.





# **Extended Day**

Our Extended Day program allows busy working families the flexibility to drop-off before the school day starts and pick-up after the normal dismissal time. Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills, and to reinforce the skills they're learning during the school day, while providing plenty of time for fun with friends.

#### **Program Details:**

- Hours: 3:30pm 6:00 pm
- Dedicated and specially trained staff members with experience in working with older children.

# **After School Clubs**

Our After School Clubs are great ways for your child to expand on their interests or pursue new passions. These can be added in conjunction with our Extended Day Program or independently. This program offers families an opportunity to enroll their student in one or more days of after school activities without leaving the convenience of our campus.

#### **Program Details:**

- · Hours: Varies by Club & Enrichment
- Dedicated and specially trained staff members in specialty area.
- Trusted Third Party providers in subject specific areas!



# **Extended Day**

Our program is organized into five subject areas that are designed to provide your child with opportunities to learn valuable life skills and to reinforce the skills they're learning during the school day.









Students explore the exciting world of science, technology, engineering, art and math (STEAM) through building projects, experiments, and design challenges. Sharing ideas, asking questions, and making predictions are encouraged!



Robust outdoor free play and structured games help students learn sportsmanship and develop their physical strength and endurance. Students learn critical thinking and problem solving by participating in board games and team challenges with their peers.



Students express themselves by participating in hands-on visual arts, including photography, videography, drawing, and painting. Students develop planning skills by working on long-term projects with their peers and can participate in group performances or discussions.



Social and emotional growth is nurtured through student and teacher led activities that promote a feeling of community and belonging. Students learn through open-ended activities that give them a chance to apply problem-solving skills and collaborate with friends.



Some students appreciate the chance for independent activities or study after a long day at school. We provide a quiet place to work on homework, read, journal, or seek academic support from peers and teachers. Students can also work on various projects in this small group setting.





# Mad Science - Crazy Chemworks

In this program, children make gooey slime, experiment with different reactions and learn to use the tools that chemists use. Polymers and catalysts are only two of the fascinating concepts young scientists explore in this thrilling trip through the chemistry lab! At the end of every class, they take home an educational toy that extends the learning experience!

Grades: 1<sup>st</sup> – 5<sup>th</sup> Day Offered: Monday

Weeks Offered: 9/8/25 - 12/1/25

Cost: \$360.00

Instructor: Mad Science of the Bay Area

Time: 3:30 - 4:30 PM

### **Chess Wizards**

Get ready for a magical journey into the world of chess with Chess Wizards, where the FUN never stops! We welcome you to join us for heaps of giggles, exciting games, and even cooler prizes! There will be super fun and easy lessons to teach you the ABCs of chess. Let's transform your brain into the mightiest superhero ever! Are you ready for the Chess Wizards experience?

Grades: Pre-Kindergarten
Day Offered: Wednesday

Weeks Offered: 9/10/25 - 12/3/25

Cost: \$432.00

Instructor: Chess Wizards Time: 4:00 – 4:45 PM

#### **Yes for Chess**

Join our chess class, open to all skill levels! Whether you're new to the game or have some experience, our sessions cover everything from the basic rules, fun tactical puzzles, check matting patterns and end games. Plus, every fourth week, we spice things up with a fun chess variant to keep the learning experience fresh and exciting! Returning students are always welcome to join in on the fun. We're all about keeping chess enjoyable and sharing our love for this ancient game. Come and discover the world of chess with us!

Grades: 1st - 5th

Day Offered: Wednesday

Weeks Offered: 9/10/25 - 12/3/25

Cost: \$324.00

Instructor: Yes for Chess Time: 3:30 - 4:30 PM

Grades: TK - Kindergarten Day Offered: Wednesday

Weeks Offered: 9/10/25 - 12/3/25

Cost: \$324.00

Instructor: Yes for Chess Time: 3:30 - 4:30 PM

# Introduction to Public Speaking

"This introductory public speaking program helps students practice the fundamentals that every child needs in order to communicate effectively — whether on the playground, in a classroom, or on the stage. Some of the skills we practice: Posture, Speaking clearly and with expressiveness, Making conversation. The program rotates to a new focus roughly every 10 weeks. Each 10-week term features a mini-presentation halfway through the term and ends with a creative project and presentation. The program requires some basic reading/writing skills, although for younger students we focus on in-class activities rather than handouts or written assignments."

Grades: 2<sup>nd</sup> - 3<sup>rd</sup> Day Offered: Thursday

Weeks Offered: 9/11/25 - 5/21/26

Cost: \$1,100.00

Instructor: Rose Debate Time: 3:30 - 4:30 PM

# **Speech and Debate**

"Today, public speaking has never been a more important skill. Our fun and engaging Speech and Debate Club will give participants the tools to speak confidently in any setting. The club is organized by Rose Institute, which since 2011 has specialized in connecting speakers with their audiences. Complete with tailored lessons, exercises, games, speeches, in class presentations, and inter-school competitions, our programs are an absolute blast. Strengthen your confidence, find your voice, and prepare for success! Our Speech and Debate Club includes: Fundamentals of public speaking such as posture, articulation, and vocal expression. Speech-writing workshops for crafting strong theses and using precise rhetoric .Confidence-building exercises for everyday situations such as making conversation. Fundamentals of debate for learning how to construct, deliver, and respond to an argument."

Grades: 4<sup>th</sup> - 5<sup>th</sup> Day Offered: Thursday

Weeks Offered: 9/11/25 - 5/23/26

Cost: \$1.250.00

Instructor: Rose Debate Time: 3:30 - 4:45 PM

### **Math Olympiads**

Club members will explore problem-solving strategies in depth, and will practice for contests using word problems from various sources. This course is designed to stimulate enthusiasm and a love for mathematics. We will introduce important mathematical concepts, teach major strategies for problem solving, and strengthen mathematical intuition. Fostering mathematical creativity and ingenuity, will provide satisfaction, joy, and the thrill of meeting challenges.

Grades: 4<sup>th</sup> – 5<sup>th</sup> Day Offered: Tuesday

Weeks Offered: 10/28/25 - 3/17/26

Cost: \$600

Instructor: Mrs. Chitra Sridharan

Time: 3:45 - 4:45 PM



#### **Hip Hop Dance**

StepOn3 Hip Hop dance classes are more than just movement, they're pure energy! Kids groove to powerful beats, learning rhythm, coordination, and teamwork in a fun, supportive space. Each session builds confidence, encourages self-expression, and develops lifelong skills, all while keeping them active, smiling, and moving with style. Alongside Hip Hop, we sprinkle in touches of Bollywood and Bhangra to keep every class fresh, vibrant, and uniquely StepOn3. Every move has its own rhythm, every step tells a story!

Grades: TK – 2<sup>nd</sup> Day Offered: Thursday

Weeks Offered: 9/11/25 - 12/4/25

Cost: \$360.00

Instructor: Step On 3 Time: 3:30 - 4:30 PM

# **Bollywood Dance PK**

StepOn3 dance classes are more than just movement, they help children grow! With a blend of Bollywood, Hip Hop, Bhangra and fusion styles, kids learn coordination, discipline, and teamwork in a fun, supportive environment. Each class is designed to build confidence, encourage self-expression, and nurture lifelong skills, all while keeping them active and smiling! Every step tells a story!

Grades: Pre-Kindergarten Day Offered: Monday

Weeks Offered: 9/8/25 - 12/1/25

Cost: \$360.00

Instructor: Step On 3 Time: 4:00 – 4:45 PM

#### **Art In Action TK-KG**

Art in Action, taught by our own Mrs. Chaudhry, will explore different art mediums such as paints, oil pastels, modeling clay, charcoal and more. Students will learn about famous artists, inculcate different 3D shapes, patterns, and landscapes, and be able to experiment and build skills through different approaches to art making.

Grades: TK – Kindergarten Day Offered: Tuesday

Weeks Offered: 9/9/25 - 12/9/25

Cost: \$372.00

Instructor: Mrs. Prabh Chaudhry

Time: 3:30 - 4:30 PM

Grades: 1st - 3rd

Day Offered: Thursday

Weeks Offered: 9/11/25 - 12/4/25

Cost: \$372.00

Instructor: Mrs. Prabh Chaudhry

### **Bow to Strings**

This is an innovative music educational program that combines small group lessons with orchestra experience, created by Samuel Boruszko (Mr. Sam) a former conductor and founding member of the renowned Simón Bolívar Symphony Orchestra, as well as a professional violin and viola player. Our program was inspired by Mr. Sam's many years of orchestral experience. He noticed students and even professional musicians improved faster while playing with other musicians. Playing and learning instruments in a group environment is not only fun, it effectively enhances skills like sight-reading, ear training, sense of musical timing and tempo etc. Students learn to play instruments with peers, besides getting personal attention from the teacher. Tuition includes instruments and materials - violins are provided with no additional charge! (Consent forms must be signed before taking our violins home.) Each group has limited space, sign up today!

Grades: 2<sup>nd</sup> - 5<sup>th</sup>

Day Offered: Wednesday

Weeks Offered: 9/10/25 - 12/3/25

Cost: \$564.00

Instructor: Community Synergy Inc

Time: 3:30 - 4:30 PM

### **BollyBeats Dance**

Get ready to twirl, bounce, and sparkle in this exciting Bollywood dance class. Young dancers will explore fun routines set to upbeat Bollywood music while learning the basics of rhythm, movement, and expression. Each class helps build coordination, confidence, and creativity in a supportive and energetic environment. Perfect for little ones who love to move and have fun.

Grades: TK – 2<sup>nd</sup> Day Offered: Monday

Weeks Offered: 9/8/25 - 12/1/25

Cost: \$336.00

**Instructor: Starz Dance Academy** 

Time: 3:45 - 4:30 PM

#### **Woodwinds Club**

The Woodwinds Club is a music educational program that combines group lessons with ensemble performance experience, created by Samuel Boruszko (Mr. Sam) - a former orchestra conductor. Students are trained to play Flute, Clarinet or Saxophone in a group setting including basic reading, breathing and tone production. Students learn to play instruments with peers, besides getting personal attention from the teacher. Tuition includes usage of innovative Nuvo instruments and materials with no additional charge! (Consent forms must be signed before taking our instruments home.) Each group has limited space, sign up today!

Grades: 1<sup>st</sup> – 5<sup>th</sup> Day Offered: Monday

Weeks Offered: 9/8/25 - 12/1/25

Cost: \$564.00

**Instructor: Community Synergy Inc** 



#### **Pickleball**

Students will learn to play pickleball on portable nets set up at school. Engaging games and activities are incorporated to enhance their skills and make the learning process fun! It's important to note that many of the students in these classes have had very limited exposure to pickleball. We will have loaner paddles but always encourage students to pick up their own so they have

Grades: 1<sup>st</sup> – 5<sup>th</sup> Day Offered: Friday

Weeks Offered: 9/12/25 - 12/12/25

Cost: \$320.00

Instructor: SBA Tennis and Pickleball

Time: 3:30 - 4:30 PM

#### **Cricket**

Students will develop their cricket skills using modified equipment, including plastic bats and softer balls, to ensure safety and increase their chances of success. We include fun activities focusing on key areas such as bowling, fielding, batting, wicket-keeping, and fitness. Many students in these classes are new to cricket, making this

Grades: 1<sup>st</sup> – 5<sup>th</sup> Day Offered: Monday

Weeks Offered: 9/8/25 - 12/1/25

Cost: \$384.00

Instructor: SBA Tennis and Pickleball

Time: 3:30 - 4:30 PM

# **Kung Fu**

Embark on a journey into the ancient art of Shaolin Kung Fu at school as an after-school enrichment program. Led by experienced instructors, children will learn foundational techniques through engaging activities and traditional forms. Enhancing coordination, strength, and discipline while learning essential life skills. Our curriculum prioritizes virtues like respect, confidence, and perseverance, fostering not only physical skills but also invaluable character development. We aim to empower students to develop strong bodies and resilient characters. This course requires a specific uniform, and is available at an additional fee after registration.

Grades: 1<sup>st</sup> – 5<sup>th</sup> Day Offered: Tuesday

Weeks Offered: 9/9/25 - 12/9/25

Cost: \$504.00

Instructor: Shaolin Kung Fu International

Time: 3:30 - 4:30 PM

#### **Sports Club**

Sports Club provides a safe, fun and skill-based curriculum for all students. Sports Club is a multi-sport club generated towards students looking for a sports introduction or who want to develop their sport through group play. Additionally, Sports Club activities teach students about teamwork and develop self-confidence and communication skills.

Grades: TK – Kindergarten Day Offered: Thursday

Weeks Offered: 9/11/25 - 12/4/25

Cost: \$324.00

Instructor: Mr. Pablo Puchol

#### Soccer

In this program, students will be exposed to the basic skills of soccer such as passing, dribbling, strategy, rules, and shooting. The goal is to develop the skill of the individual player in a positive athletic environment. This program encourages kids to have fun while learning and exercising through playing the game of soccer.

Grades: TK - Kindergarten Day Offered: Monday

Weeks Offered: 9/8/25 - 12/1/25

Cost: \$324.00

Instructor: Mr. Pablo Puchol

Time: 3:30 - 4:30 PM

Grades: 1<sup>st</sup> - 3<sup>rd</sup> Day Offered: Tuesday

Weeks Offered: 9/9/25 - 12/9/25

Cost: \$324.00

Instructor: Mr. Pablo Puchol

Time: 3:30 - 4:30 PM

# **Super Soccer Stars**

At Soccer Stars, our goal is to introduce and build FUNdamental soccer skills in 2.5 - 6 year olds (preschoolers) in a fun, nurturing, and non-competitive environment. Our structured curriculum, created by childhood development experts and youth soccer professionals is designed to help children develop their soccer skills while building self-confidence and promoting teamwork. We use the soccer ball as our vehicle to help develop social, emotional, and physical skills.

Grades: Preschool - Pre-Kindergarten

Day Offered: Tuesday

Weeks Offered: 9/9/25 - 12/9/25

Cost: \$360.00

Instructor: Amazing Athletes of San Jose

Time: 4:00 - 4:45 PM

#### **Tennis**

Students will develop their tennis skills using portable nets and specially designed low compression tennis balls to ensure safety and increase their chances for success. We include fun activities focusing on key areas such as groundstokes, volleys, and fitness, among others. While we provide rackets for borrowing, we recommend students bring their own to become accustomed to using the same racket and to have one available for practice outside of class. Here are our recommended racket sizes based on age groups: 21 inches (ages 4-6), 23 inches (ages 6-8), and 25 inches (ages 8-11).

Grades: TK - 1st

Day Offered: Wednesday

Weeks Offered: 9/10/25 - 12/3/25

Cost: \$384.00

Instructor: SBA Tennis and Pickleball

Time: 3:30 - 4:30 PM

Grades: 2<sup>nd</sup> - 5<sup>th</sup>

Day Offered: Thursday

Weeks Offered: 9/11/25 - 12/4/25

Cost: \$384.00

Instructor: SBA Tennis and Pickleball

Time: 3:30 - 4:30 PM

## **Amazing Athletes**

At Amazing Athletes, we teach the fundamentals of sports in a fun, educational, and non-competitive environment. Our age-specific lesson plans incorporate progression and skill reinforcement, helping kids build confidence with positive first-sport experiences. Our multi-sport program includes basketball, volleyball, soccer, football, baseball, hockey, lacrosse, golf, tennis, and track & field. We set kids on a path to an active and healthy lifestyle by teaching them the basics of sports, health, and nutrition.

Grades: Preschool - Pre-Kindergarten

Day Offered: Thursday

Weeks Offered: 9/11/25 - 12/4/25

Cost: \$360.00

Instructor: SBA Tennis and Pickleball

Time: 4:00 - 4:45 PM



# **Lego Robotics**

In this program students will explore various engineering concepts and will also learn to work in a collaborative and team environment. Using the third generation LEGO Spike Prime kit for older students, and the LEGO SPIKE Essential for the younger students, they will learn to build and program the robot to carry out various tasks and challenges.

Grades: 1<sup>st</sup> – 2<sup>nd</sup> Day Offered: Monday

Weeks Offered: 9/8/25 - 12/1/25

Cost: \$360.00

Instructor: Mrs. Arshiya Khan

Time: 3:30 - 4:30 PM

### **LEGO: Brick Builders**

Do you love building and want to learn how to create your own Lego creations?! This course teaches students how to design and build their own Lego models. They'll cultivate both their creativity and an engineering mindset. As a student, you'll get hands-on experience with a variety of Lego sets and learn techniques for building sturdy and intricate designs. This class is the perfect way to develop your problem-solving skills and unleash your creativity. No previous experience is necessary — just bring your love of Legos and a willingness to experiment!

Grades: Kindergarten – 2<sup>nd</sup> Day Offered: Tuesday

Weeks Offered: 9/9/25 - 12/9/25

Cost: \$324.00

**Instructor: VAC Enrichment** 



### Challenge Island-Sharktooth Island

This "jawesome" island, which ties into our bestselling book Bridge to Sharktooth Island, is a great choice for budding engineers to chomp into. Learn about truss bridges in Great White Bridges©, build a roller coaster on Roller Coaster Ridge©, use the power of wind on Blowcart Beach© and we even make ice cream on Ice Cream Streams©. These are just a few of the STEAMtastic destinations on Sharktooth Island.

Grades: Kindergarten – 2<sup>nd</sup> Day Offered: Monday

Weeks Offered: 9/8/25 - 12/1/25

Cost: \$360.00

**Instructor: VAC Enrichment** 

Time: 3:30 - 4:30 PM

### 1,001 Stories

This is a student-run, yearlong club focused on reading, writing, art, and publishing. Students work with real stories from children in developing countries, editing and illustrating them into full-color picture books. Each team publishes a book, sends a copy to the original author, and sells their work to raise scholarship funds for the authors community. The program fosters literacy, empathy, and global awareness, with a book included in the program. This program requires a year-long commitment.

Grades: 3rd-5th

Day Offered: Thursday

Weeks Offered: 9/11/2025 - 5/21/26

Cost: \$780.00

Instructor: Mrs. Maureen Galitz

Time: 3:30 - 4:30 PM

# **Food Explorers**

This fall, young chefs will roll up their sleeves for a delicious hands-on adventure! In Food Explorers Club, we'll spotlight late summer and fall favorites like juicy tomatoes, sweet figs, crisp apples, creamy avocados, and cozy butternut squash. From kneading butternut squash gnocchi to baking zucchini bread and mixing up gooey avocado brownies, every class is a chance to cook, taste, and explore! All new recipes prepared with no nuts, and substitute available for mostly all food allergens. Join us—where curiosity meets the kitchen!

Grades: TK – 3<sup>rd</sup> Day Offered: Friday

Weeks Offered: 9/12/25 - 12/12/25

Cost: \$440.00

Instructor: Diets and Lite Time: 3:30 – 4:30 PM

# **Before & After School Planning**

Student Name:	Grade:	

E	Extended Day						
		Afternoon 5 Day		Afternoon 3 day		Afternoon 3 day	

Title	Grades	Day	Time	Cost			
Mad Science – Crazy Chemworks	1 <sup>st</sup> – 5 <sup>th</sup>	Monday	3:30-4:30PM	\$360.00			
Introduction to Public Speaking	2 <sup>nd</sup> – 3 <sup>rd</sup>	Thursday	3:30-4:45PM	\$1,100.00			
Speech & Debate	4 <sup>th</sup> - 5 <sup>th</sup>	Thursday	3:30-4:45PM	\$1,250.00			
Math Olympiads	4 <sup>th</sup> - 5 <sup>th</sup>	Tuesday	3:30-4:30PM	\$600.00			
Yes for Chess	TK-5 <sup>th</sup>	Wednesday	3:30-4:30PM	\$324.00			
Chess Wizards	PK	Wednesday	4:00-4:45PM	\$432.00			
Theater & Improv	3 <sup>rd</sup> – 5 <sup>th</sup>	Friday	3:30-4:30PM	\$270.00			
Woodwinds Club	1 <sup>st</sup> – 5 <sup>th</sup>	Monday	3:30-4:30PM	\$564.00			
BollyBeats Dance	TK - 2 <sup>nd</sup>	Monday	3:45-4:30PM	\$336.00			
Art in Action 1	TK-KG	Tuesday	3:30-4:30PM	\$372.00			
Art in Action 2	1 <sup>st</sup> – 3 <sup>rd</sup>	Thursday	3:30-4:30PM	\$372.00			
Hip Hop Dance	TK-2 <sup>nd</sup>	Thursday	3:30-4:30PM	\$360.00			
Bollywood Dance PK	PK	Monday	4:00-4:45PM	\$360.00			
Bow to Strings	1 <sup>st</sup> – 5 <sup>th</sup>	Wednesday	3:30-4:30PM	\$564.00			
Lego Robotics	1 <sup>st</sup> -2 <sup>nd</sup>	Monday	3:30-4:30PM	\$360.00			
LEGO: Brick Builders	KG – 2 <sup>nd</sup>	Tuesday	3:30-4:30PM	\$324.00			
Cricket	1 <sup>st</sup> - 5 <sup>th</sup>	Monday	3:30-4:30PM	\$384.00			
Soccer 1	TK - 2 <sup>nd</sup>	Monday	3:30-4:30PM	\$324.00			
Soccer 2	1 <sup>st</sup> – 3 <sup>rd</sup>	Tuesday	3:30-4:30PM	\$324.00			
Sports Club	TK-KG	Thursday	3:30-4:30PM	\$324.00			
			Total Cost				

# **Before & After School Planning**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Ех	Extended Day					
	Afternoon 5 Day		Afternoon 3 day		Afternoon 3 day	

Clubs & Enrichment							
	Title	Grades	Day	Time	Cost		
	Amazing Athletes	PS-PK	Thursday	4:00-4:45PM	\$360.00		
	Tennis 1	TK-1 <sup>st</sup>	Thursday	3:30-4:30PM	\$384.00		
	Tennis 2	2 <sup>nd</sup> - 5 <sup>th</sup>	Thursday	3:30-4:30PM	\$384.00		
	Kung Fu	1 <sup>st</sup> – 5 <sup>th</sup>	Tuesday	3:30-4:30PM	\$504.00		
	Super Soccer Stars	PS-PK	Tuesday	4:00-4:45PM	\$360.00		
	Pickle Ball	1 <sup>st</sup> – 5 <sup>th</sup>	Friday	3:30-4:30PM	\$320.00		
	Food Explorers	TK-3 <sup>rd</sup>	Friday	3:30-4:30PM	\$440.00		
	Challenge Island: Sharktooth Island	TK – 2 <sup>nd</sup>	Monday	3:30-4:30PM	\$360.00		
	1,001 Stories	$3^{rd} - 5^{th}$	Thursday	3:30-4:30PM	\$780.00		
				Total Cost			